#### **BEST BEFORE**

Delicious blend of vegetable flavor! Vegetarian alternative to chicken or beef broth. Great for making gravies and sauces, vegetable-based soups, risotto and stews. Use instead of water in all your favorite recipes!

DIRECTIONS: Shake well. Stove Top: In a sauce pan, heat on medium heat. Microwave: Pour into microwave safe container. Heat for one minute on high. Repeat as needed.

DO NOT MICROWAVE IN CARTON.

REFRIGERATE AFTER OPENING; USE WITHIN 10 DAYS.

### OTHER DELICIOUS TREE OF LIFE BROTHS:

- Organic Free Range Chicken Broth
- Organic Low Sodium Free Range Chicken Broth
- Organic Beef Flavored Broth





# organic Vegetable Broth





At Tree of Life, we're deeply rooted in

the natural foods industry. Generations

of families turn to us for purity, integrity,

and terrific taste without compromise.

We're proud to bring these savory broths

to your table. Each original recipe combines

premium organic and all-natural ingredients,

slow-simmered to preserve vital nutrients

for homemade goodness. Look for other

Tree of Life favorites — wholesome organic

and natural foods that are as delicious

as they are healthy.

Fat Free

No MSG

100% Natural

No Preservatives

Fat Free - 100% Natural No MSG - No Preservatives

# egetable Broth



# **Nutrition Facts**

Serving Size 1 cup (240mL) Servings Per Container about 4

Amount Per Serving	
Calories 15	Calories from Fat 0
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 740mg	31%
Total Carbohydra	ate 3g 1%
Dietary Fiber 1g	4%
Sugars 2g	
Protein 1g	

Vitamin A 15%	•	Vitamin C 2%
Calcium 0%	•	Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Organic Mirepoix (Organic Carrot, Organic Celery, Organic Onion), Organic Tomato Purée (Filtered Water, Organic Tomato Paste), Sea Salt, Organic Garlic Powder, Natural Flavor (Yeast Extract), Organic Garlic Purée, Organic Celeriac Juice, Organic Safflower Oil, Organic Lemon Juice, Organic White Pepper.

Distributed by: Tree of Life Inc. St. Augustine, FL 32085-9000 Certified organic by Quality Assurance International.



To learn more about our company and products, visit us at www.treeoflife.com. If you have any comments or questions, please call us toll-free at 1-800-223-2910.



## organic Vegetable Broth

The magic of homemade broth made easy! Simmered to savory perfection with fresh herbs, garlic, and vegetables, Tree of Life Organic Vegetable Broth is deliciously soothing, healthy, full-bodied goodness to enjoy alone, add to soups and sauces... or use instead of water in your favorite dishes. For a quick and easy gourmet treat, try this simple recipe:

### Mediterranean-Style Soup

- 2 cups Tree of Life Vegetable Broth 2 cups water
- 4 plum tomatoes, chopped
- (or 1 can of diced tomatoes)
- 2 tablespoons tomato paste
- 2 tablespoons fresh chopped basil
- 3 cloves garlic, minced
- 1 teaspoon olive oil 1/2 teaspoon fresh ground pepper
- 2 cups kale, chopped
- 1 cup fresh cabbage, diced
- 15 oz. can great northern beans
- 16 oz. spiral pasta

Bring all ingredients to a boil. Reduce heat to low. Cover and cook until kale and noodles are tender, about 10 minutes. Prep. time: 10-15 minutes.

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